

## MYSTERY TOUCH BAG ACTIVITY

We encourage you to tune into your physical feelings by exploring touch.

Place **10 mystery items** in a paper bag and take turns feeling one object at a time. As you hold on to each item, guess what it is and describe the texture, shape, if there are any edges or the smoothness.

I.

2.

3.

4.

5.

6.

7.

8.

9.

10.

**CURIOUS MINDS** 

Orion Springfield Central

## MY 5 SENSES FIELD WALK



I can see...



I can hear...



I can feel...



I can smell...



I can taste...

**CURIOUS MINDS** 

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