

South Eveleigh's Ambassador Update

Kylie Kwong has been appointed as an ambassador for South Eveleigh. Here Kylie will engage with South Eveleigh's diverse and dynamic range of communities who make it their home, workplace and playground. Working closely with Mirvac and tenants on site, she will help bring South Eveleigh to life via curating a number of events centred around the key themes of food, community and culture.

To start sharing stories about the people who make up South Eveleigh, Kylie will be starting a new segment in this newsletter. This segment - the 'Faces of South Eveleigh' - will be a short conversation with Kylie to illustrate what makes South Eveleigh such a special place.

Faces of South Eveleigh

In this edition, we meet Sally-Ann Williams, CEO of Cicada Innovations. Cicada Innovations, based at South Eveleigh, is Australia's pioneering Deep Tech incubator, unlocking the power to create the industries and jobs of the future addressing some of the most pressing global issues that face our world today.



Redfern has always been a gathering place – where are you from originally?

I'm originally from what used to be a very small town in the hinterland on the Gold Coast. My parents owned a fruit and vegetable shop and it was the kind of town where everyone knew everyone else. So as a child there was no hiding anything from your parents!

What brought you here?

I moved to Sydney over 16 years ago when I married my amazing partner. Cicada Innovations was what drew me to South Eveleigh. This year is our 20th birthday and in those 20 years there have been some incredible scientific and engineering inventions that have emerged from deep tech companies in our incubator. The opportunity to support that work and to grow it to have a positive impact on the world is one I couldn't pass up.

What about South Eveleigh are you most excited about?

Cicada was established to be a melting pot of research, industry and community to solve the world's most pressing problems together through new technology. South Eveleigh is an extension of that. A melting pot of old and new. Ancient knowledge through our traditional owners, old skills through our blacksmith and new opportunities through the community of businesses and residents. A melting pot where we can gather to work and play and hopefully create some solutions that have a positive impact on our community and society.

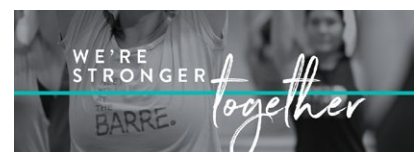
Where can we find you when you're not working?

When I'm not working, I'm usually with friends enjoying some great food and wine. There's something about a meal that can connect people in a profound way. When you give space and place to do that you create rich and rewarding bonds that benefit the whole community.

Did you know?

The design of the Foundry (Building 2) has been inspired by the Locomotive Workshop with its long and narrow bays, evocative of the industrial production areas within. The two expressive vaulted roof forms create a signature roof expression that could fully house a London double decker bus.

Retail Update



Xtend Barre Open Weekend 31 January – 2 February

Take a tour around the beautiful studio and attend a free class that is guaranteed to leave you feeling stronger and more empowered than ever before! With teaser classes and beginner technique classes held over the weekend this is the best time to find out just why Xtend Barre are considered the best barre workout around.

Bookings are essential.

To book your free class, contact us via phone 9698 7261 or email alexandria@xtendbarre.com.au.

Community Grant Program

Redfern Youth Connect

South Eveleigh's community grant to Redfern Youth Connect (RYC) will help fund a new 12-seater bus for RYC staff to safely drop-off participants at the end of the day. RYC is an Aboriginal-led, early intervention service providing a safe, consistent after-hours drop-in service with capacity building, cultural activities, homework support and physical activity for vulnerable Aboriginal 10- to 18-year olds.



This service will help young people to become empowered with the confidence, capabilities and determination to choose better life pathways with the bus ensuring they get home safely.

"RYC is like a second home to me".

"The tutors understand us".

"We are so thankful for the food and to come to hang in a safe environment".

Summer on the Green

South Eveleigh are pleased to support another annual 'Summer on the Green' community event hosted by Counterpoint Community Services. This is a free community event with something for everyone, including:

- Live entertainment
- Kids activities
- Information stalls
- Free food and drink
- A jumping castle
- And much more!

Date: Friday 7 February 2020
Time: 3pm – 6pm
Location: Waterloo Green (corner of Raglan and George Street, Waterloo)

Heritage Update Locomotive Workshop

Towards the end of last year, we invited a wide range of key knowledge holders and experts who have a deep knowledge and connection to South Eveleigh to participate in an individual interview with our heritage consultants. These interviews, led by Curio Projects and Osprey Innovations, are intended to further inform the content planning for heritage interpretation at South Eveleigh.

The interviews started in December 2019 and are still underway. So far, 15 interviews have been held with former workers, family members of former workers who grew up around the site, Australian Railway Historical Society representatives, historians, union representatives, Aboriginal community representatives, engineers, and industrial archaeologists and local residents. More interviews are planned over the coming weeks.

If you have extensive technical and professional knowledge, and/or personal connections to South Eveleigh, please register your interest and tell us a bit about your connection by emailing south.eveleigh@mirvac.com.

The insights and ideas for heritage interpretation and storytelling that people have shared in interviews will be used by Curio Projects and Osprey Innovations to ensure that there is a place in the site for all stories, technical information and the diverse experience of people connected to the site to have representation. The feedback will also be used to determine how to best share heritage interpretation in the digital sphere, to ensure people can explore the site online before and after visiting and to create a place online for the wider community to learn about the heritage of South Eveleigh.

Mirvac is also working with International Conservation Services on conservation of the movable heritage collection and setting up the movable collection data into a new database, eHive, to allow for more effective collection management. Conservation work has started on the large machines, to ensure that they are in good condition for ongoing display. As conservation is completed, the large machines will be moved back from storage and placed back in the workshops ahead of tenant fit outs happening throughout the year.

Yerrabingin Fire Relief

Yerrabingin is raising money for those affected by the NSW fires in the small historical town of Mogo. The fires destroyed a large number of businesses and services including Mogo Local Aboriginal Land Council (Mogo LALC).

The Mogo LALC plays an important role for the local Yuin community across many localities (Mogo, Broulee, Mossy Point, Batehaven, Malua Bay and Tomakin), providing a space for community members to meet in addition to providing a wide range of services, from housing to art and education programs, alongside a range of cultural and environmental services.

The much needed funds will help rebuild community houses, provide trauma and mental health support, replace important

equipment and tools and rebuild the small art gallery. If you wish to help, donations to the **Mogo Aboriginal community and rangers** can be made here:

<http://www.gofundme.com/f/nu7ry-MogoRangers>



How to Keep New Year's Resolutions For More Than One Week

by Bryony Lancaster

I had a dream; I got everything I wanted; not what you think; and if I'm honest, might've been a nightmare

~ Billie Eilish

Ever turned around and realised you have got what you want but don't feel the way you thought you would? Yeah, me too!

We think if we get the promotion or the bigger home, take the trip, do all the things...we will find what we are seeking. But often we can manifest the promotion/trip and find we feel the same way within ourselves. Wherever you go, there you are, right?

So, with setting goals and New Year's resolutions rather than setting any impossible expectations that can often lead to guilt and shame when we fall short, try the following for designing small but significant changes for a more contented life.

- **Take some time out** to sit and notice how you want to feel more often in life. This is really important so don't rush it. Maybe go for a walk in nature or sit in a park to get the greatest clarity.
- **Break it up into these areas:** health, self-care, work, relationships, spiritual, financial, fun. Write down what went well in 2019. Be genuinely grateful for this, celebrate what you do have already and what you've already achieved.
- **Rather than focus on things you want to create** "a promotion/a bigger salary/longer holidays...instead try to focus on how you would like to feel more of the time. What states do you want to enjoy more of? For example, if a higher salary is what you think you want, is it a sense of security you are trying to create. Longer holidays? Is it more of a sense of everyday contentment or relaxation? Often, we can manifest a new job or higher salary or long holiday and only to find our same old insecurities and worries are there. Damn it!
- **Put in place in these categories' certain aspirations or goals with the end point being how it will make you feel when you manifest them.** Create active steps around it. If it's drinking less alcohol under the banner of health, you could set yourself a goal of drinking one less night per week for example.
- **If you forget to follow through on your intentions or find yourself reaching for the rosé on a Tuesday night, rather than guilt tripping yourself for failing and then giving up altogether, just come back to your good intentions and start again.** Be kind to yourself because even when we want to change, the patterns of the past can be harder to shake than we think, so be patient.
- **You might be surprised to discover that more joy doesn't necessarily come from making big changes like moving jobs or ending a relationship (though it might).** You may simply find more inner peace with implementing small changes. For example, adding a morning meditation, a swim or eating better foods to your daily routine. It's often the little things that make the biggest difference to our life. It's 'how' we are that's more important than 'what' we do.

Suggested goal categories: physical/health; personal growth/self-care; career/work; family/relationships; spiritual; financial; fun/recreation.

Good luck...

Bryony Lancaster is Founder & Director of Egg Of The Universe, Sydney's only combined wholefoods and yoga experience. Check them out further at:

eggoftheuniverse.com



Website

southeveleigh.mirvac.com



Instagram

[@SouthEveleigh](https://www.instagram.com/SouthEveleigh)



Facebook

[@SouthEveleigh](https://www.facebook.com/SouthEveleigh)



Email

south.eveleigh@mirvac.com

Sign up to our newsletter

The South Eveleigh newsletter will continue to be available on our website and by signing up online.

If you would like to receive this newsletter in hard copy please contact our Communications and Engagement team on

south.eveleigh@mirvac.com or
1800 870 549.

Construction Activities

Locomotive Workshop

Major Milestones and Major Works:

- Piling and civil works now complete.
- Structural steel erection has been completed in Bays 1-4a.
- High level services works are ongoing.
- Re-roofing works have commenced and are progressing from East to West.
- Fitout works have commenced in Bays 1-2.
- Tower crane erection in Bay 4 occurred on Sunday 12 January.

The Foundry (Building 2)

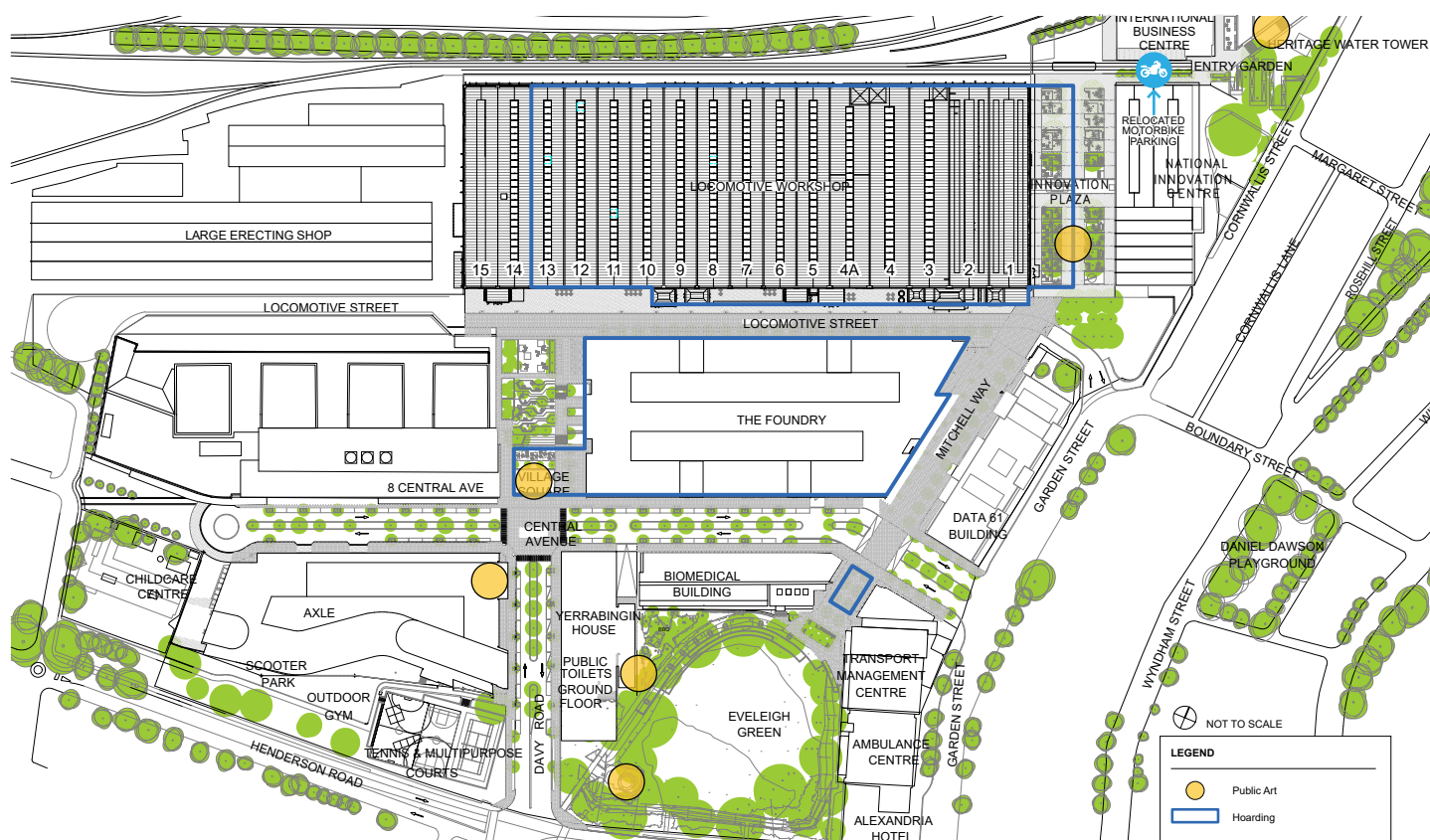
Major Works:

- Roofing nearing completion.
- Installation of internal services now complete.
- Ground plane façade works continue to Locomotive street and Central Avenue.
- Internal fitout works on Levels 1-5 are now substantially complete. Upper ground floor works have now commenced.
- External stair works on the northeast corner of the building have commenced.

Public Domain

Major Works:

- Works on Locomotive Street are nearing completion.
- Village Square is nearing completion and is now partially open.
- The installation of 'the interchange' public artwork at the bottom of Village Square has now commenced.
- Central Avenue concrete barriers will be relocated by mid-January to enable roadworks to commence.
- Re-sheeting works to Central Avenue anticipated to commence towards the end of February/early March.
- Construction of the Aboriginal Cultural Landscape Garden is underway.



Road and Footpath Closures

- Central Avenue northern will be closed during construction hours.
- Locomotive Street southern footpath between Mitchell Way and Village Square to be closed.
- Pedestrian diversions will be in place along Locomotive Street locally around works.